

The main goal of this essay called „Obesity in childhood" deals with introduction into this relevant question. The main part will concentrate on the obesity above child and adolescent population. This essay should give the basic global information about the problem, possible accesses of therapy and today critical state of the theme too. One chapter of this study will deals with meaning of breastfeeding. The next part of thesis will be about the development of individual's lifestyle and boarding behaviour throughout early childhood. I would like to point out the main preventive and interventive approaches as well. One of significant parts of the thesis, the practical part, will conduct outcomes of an empirical probe about meaning and attitudes about obese individuals and obesity itself and about individual's fat phobia. The results of today's boarding and lifestyle of the population of Czech children will also be mentioned. I would like to show actual characterisation of Family Weight Reducing Course clients. All these characterisation will lead into valorisation of our situation here in Czech Republic. This will lead into possibility to propose some further preventive, interventional and therapeutic progresses in the fight with child and adolescent obesity. The work should primary aspire to improve everyday critical condition, where the number of obese children and adolescents is still increasing.